



SUNSHINE COAST LEGACY GROUP MONTHLY NEWSLETTER

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Message from the Chair

Legatee Rhondda Poor

Welcome to the first edition of the Sunshine Coast Legacy Group's (SCLG) Monthly Newsletter. The Newsletter is designed to inform Sunshine Coast Legatees of recent events, forthcoming events, and any other general Legacy-related information which might be of interest. I welcome new ideas, stories, photos and any other feedback you may care to provide to make the Newsletter grow to meet everyone's needs.

GROUP CHAIR'S MEETING 08 JUNE 23 - KEY OUTCOMES

The Bulletin

The President intends to recommend to the Board to:

- Cease publication of the Bulletin – information can be sourced via the new Legatee Online Guide (LOG) and via Group Chairs;
- *The Torch* to be only publication and to remain at quarterly; and
- *The Torch* to be uploaded to the LOG and posted to those Legatees who do not have access to a computer.

New Legacy House

Tender documents have gone out to three (3) building companies – BMD, St Hilliers and Adco. Tender returns are due beginning of July. Once builder appointed, we will know absolute cost and a firmer timeline. Currently looking to commence build Sept/Oct 2023 and completing Sep/Oct 2024. Received confirmation that Aria will extend our settlement date to January 2025. This allows for a few months of delays with the build.

Contact Reports – Using the Traffic Light System

Group Chairs were requested to reinforce with Legatees the need to use the traffic light system each time they do a contact report. Green light = twice a year contact (birthday and Christmas). Yellow and Red lights = may need support of the CSO on a case-by-case basis. Completing a contact report using this system alerts the CS Manager and her team as to assistance needed and to prioritise resources.

Christmas Lunch Funding Increase

The President reported that the funding for widows' Christmas lunch events will be increased from \$30 to \$35, acknowledging the increase in prices.

New Legatee Online Guide (LOG)

The new LOG is nearly ready to be rolled out with caveat that a lot of the content needs to be reviewed as it has been copied across from old LOG.

Please click on www.legatee.guide

If you have any queries or feedback, please email L/Rob Murray directly at redcliffecbicg@legacybrisbane.org.au

A toolbox has been created in the new LOG to help improve finding information – for example, how to submit a claim for expenses.

There will be several 'how to' guides as well as a 'News' page and it will be the responsibility of Legatees to seek out this information.

Legacy Brisbane – CEO Absence on Churchill Fellowship

The CEO was awarded a Paul Tys Churchill Fellowship in September 2022 for travel in 2023. The Churchill Fellowship is to investigate better models of care for families supporting a veteran in trauma. The duration of the CEO's absence is from Saturday 10 June until Tuesday 18 July, returning to work on Wednesday 19 July.

LEGACY CENTENARY TORCH RELAY

A huge congratulations, well done and thanks to L/Brett Green and L/Drew Wall for the recent success of the Legacy Centenary Torch Relay which passed through the Sunshine Coast on 07 June.

See the below link for a story on Legatee Aaron McCready who participated in the Legacy Torch Relay.

<https://www.defence.gov.au/news-events/news/2023-06-20/legacy-beneficiary-gives-back>

Below is also a link to the local Channel 7 television coverage of the event.

<https://fb.watch/lhW7Zy-ct1/>

Highlights photos of the event are also up now on the Legacy Australia Facebook page. There is also an update from the Legacy Australia Chief Executive Officer on the LOG.

SCLG MONTHLY MEETING – WED 14 JUNE - KEY OUTCOMES

Our Guest Speaker, Leanne Clarke, from SafeMate, provided a brief on the SafeMate product. SafeMate is a small device that stores your vital medical details and emergency contacts through a secure network, sharing medical information with registered QAS paramedics. It allows them quick and secure access to your medical history, medications, allergies, end of life requests and any additional information you wish to share. SafeMate comes in a range of products, allowing you to wear it a number of ways, including:

- Card – stored in your wallet or phone case or worn in lanyard;
- Stickers – display on front door, phone or on medical aid; and
- Key Tags – worn on a key chain.

Paramedics will scan your personal QR code and be instantly granted access to your medical information. More details can be found at the below link.



<https://www.getsafemate.com/>

BRISBANE LEGACY STAFFING CHANGES

Katrina Harris, Executive Support, Legacy Brisbane has resigned. Her last day will be Wed 28 June.

Laura Dodd, People and Culture Manager has also resigned. Her last day will be Friday 30 June.

Maureen Nash. Taking effect on 20 July, after five (5) years in the volunteer position of Contact Centre Coordinator. This position is to be transitioned to a full-time position and

will be titled 'Community Operations Officer'. The Contact Centre will be called the 'Wellbeing Centre' and continue to provide a much-needed service to older widows (60 years and over) and support to volunteers, Group Chairs and Legatees.

CALL FOR VOLUNTEERS

Backyard Assist Program (BYA).

SCLG requires a Legatee volunteer(s) to coordinate the BYA Program on the Sunshine Coast. Currently, there are six (6) SCLG Legacy widows requiring assistance with their backyards. Quotes are being obtained and it is hoped some funding can be obtained towards helping these ladies with their backyard requirements. Key duties for BYA volunteers are as follows:

- Responsible to act as the central point of contact for BYA activities within SCLG, including liaison with any ADF members assigned to BYA within SCLG.
- Liaise with Brisbane Legacy on annual BYA opportunities within SCLG.
- Coordinate BYA nominations within SCLG for consideration by the SCLG Management Committee.
- Coordinate SCLG Legatees to help out with each BYA activity.
- Coordinate with other service providers for BYA, e.g., Skip Bin providers.
- Arrange refreshments for BYA participants on the day.

Please contact Star if you can help with BYA.

Remembrance Day Concert

Legatee volunteers are needed to help with the organization and conduct of the annual Remembrance Day Concert. Typical duties involved are:

- Attend Remembrance Day Concert Sub-Committee meetings.
- Provide assistance on the day of the Remembrance Day Concert with seating, refreshments, security, post-concert clean up.

STATUS OF SCLG HANDBOOK FOR LEGATEES

L/Carmel Parker and L/Rhondda Poor are currently updating the SCLG Handbook for Legatees. Once updated, hard copies can be made available to Legatees who require a copy. A link to an electronic copy placed on the LOG will also be provided.

DID YOU KNOW?

An Advance Health Directive is made under the *Powers of Attorney Act 1998* and allows individuals to give directions about their future health care; make their wishes known and give health professionals direction about the treatment they want; and appoint someone they trust to make decisions about their health care on their behalf.

But did you know that under the *Mental Health Act 2016*, an Advance Health Directive for mental health can also be completed in consultation with a doctor, such as a psychiatrist at a mental health service or a general practitioner. The Queensland State Government provides a guide and form for completing an Advance Health Directive at:

[Advance Health Directive Guide and Form - Print](#)

RECENT DONATIONS TO SCLG

Each year Living Choice Retirement Village raise funds for Legacy at their ANZAC Day breakfast. L/Rhondda was recently presented with a donation of \$1500.

DATES FOR YOUR DIARY

- Next SCLG Monthly Meetings – Wed 12 July. Please note this meeting is an evening meeting commencing at 1700 hrs.
- Star will be **on leave** from 28 July to 14 August 2023.
- Widows' 90th birthday High Tea – Tuesday 24th October. Please let L/Terry Dillon know of your availability to assist on the day.
- Remembrance Day Concert – Saturday 4th November
- Another Fundraising Sausage Sizzle at Cotton Tree Meats is planned for November, date to be advised.
- SCLG Christmas Party – date and venue to be advised.

LEGACY WEEK 2023

This year Legacy Week (LW) is to be held from Sat 26 Aug – Sun 3 Sep. The following LW sites will be operated by SCLG:

- Noosa Fair
- Bunnings Noosaville
- Chancellor Park Shopping Centre
- Cotton Tree Newsagency
- Kawana Shopping World
- Nambour Plaza
- Montville (to be confirmed)

FEEDBACK

This inaugural Newsletter has been produced in response to recent Legatee feedback for improved passage of information and communications within our Legacy Group.

Feedback on the content, layout, frequency or any other aspect of the Newsletter would be welcomed. Please send your feedback to SCLG Secretary, L/Barbara Pepper.

